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Ms. Meyers is a Member of the firm of Enea, Scanlan & Sirignano, LLP, and concentrates her practice on Elder Law, Estate Planning, Special Needs Planning, Guardianships, and long-term care planning strategies, with a focus on Medicaid home care and nursing home. She has been named to the 2013-2019 New York Metro Super Lawyers list in Elder Law.

Prior to Enea, Scanlan & Sirignano, Ms. Meyers was a staff attorney at the Sadin Institute on Law of the Brookdale Center for Healthy Aging and Longevity and the New York Legal Assistance Group. At Sadin, Sara concentrated on Medicaid, home care, and the Medicare Part D prescription drug program. She created materials and conducted training seminars for social service providers and attorneys on topics including Elder Law, Medicaid, Medicare and Administrative Appeals.

Ms. Meyers has authored “Effectively Utilizing the Fair Hearing Process to Establish that a Transfer was a Gift for Medicaid Purposes,” Westchester County Bar Newsletter, May 2019; “Using SCPA Article 17-A and MHL Article 81 Guardianships for Disabled Children,” New York State Bar Association, Senior Lawyer Section, The Senior Lawyer, Spring 2015; “Medicaid Managed Long Term Care is Coming to Westchester. Are You and Your Clients Ready?,” Westchester County Bar Newsletter, January 2013; “Guardianships and Supplemental Needs Trusts (SNT) as planning tools for Parents of Adult Disabled Children,” New York State Bar Association Elder Law and Special Needs Journal, Winter 2012; “An Overview of Medicaid Home Care Options for Seniors,” New York State Bar Association Elder Law Attorney, Winter 2010; “Utilizing Medicaid Home Care as a Solution in a Post-DRA World,” New York State Bar Association Elder Law Attorney, Summer 2007 and Westchester County Bar Newsletter, June 2007.

Ms. Meyers is a frequent lecturer for Elder Law Programs sponsored by the New York State and Westchester County Bar Associations. She is a member of the New York State Bar Association, Elder Law and Special Needs Section (Executive Committee, vice-chair Guardianship Committee and 9th District Delegate; Editor, Elder Law and Special Needs Journal) and Trust and Estates Section, and a member of the Westchester County Bar Association (Co-Chair Guardianship Committee, past Co-Chair of the Elder Law Committee) and is an editor of the Westchester County Bar Journal. She is also a Co-Chair of Westchester County Senior Law Day.



Ms. Meyers has a B.A. in History, cum laude, from Brandeis University and a J.D. from the Cardozo School of Law. She is also a volunteer attorney for Legal Services of the Hudson Valley. She is a Trustee of the Board of Directors of the Westchester Day School in Mamaroneck, New York.