



Summer Series

Tuesdays, June – August 2020

12:00 p.m. – 1:00 p.m. | Webinar



This year has taken a toll on many of us, none more so than those struggling with substance use. Please join us this summer for six one-hour informational sessions focused on recovery hosted by the Lawyer Assistance Program. These free non-CLE programs are designed to inform and support the legal community and will focus on recovery issues, helping others, and self-care.

- June 16** Freedom from the Bondage of Self: Steps 4-7 from Alcoholics Anonymous Part 1
Presenters: Chuck B. and Dave P.
- June 30** Freedom from the Bondage of Self: Steps 4-7 from Alcoholics Anonymous Part 2
Presenters: Chuck B. and Dave P.
- July 14** Helping Others: Volunteering with the Lawyer Assistance Program
Presenter: Stacey Whiteley, LAP Director
- July 28** Practicing Law While in Recovery: Stories from the Field
Presenter: Tom Schimmerling, Lawyer Assistance Committee Co-Chair
- August 11** Self-care for Lawyers in Recovery
Presenter: Eileen Travis, NYC LAP Executive Director
- August 25** Changing the Culture: Using Your Voice and Experience to Reduce Stigma in the Workplace
Presenters: Jackie Cara, Chair of the Nassau County LAC and Daniel T. Lukasik, Judicial Wellness Coordinator for the Unified Court System

To participate, you must register.

Please email Imcmahon@nysba.org for the zoom link and password.

If you need assistance right now, call the LAP Helpline **800.255.0569**. All calls are confidential.