

2022 LAP SPRING RETREAT



📅 May 13-15, 2022

📍 Silver Bay, Lake George, New York

The Lawyer Assistance Spring Retreat began 25 years ago as a way for lawyers in recovery from across the state to gather together to build community, explore their recovery, and to show, by example, that here is hope and joy in recovery. Since its first weekend in 1997, the Retreat has expanded its programming to include subjects such as mental health, mindfulness, and suicide awareness. While the Retreat has expanded the issues it addresses, the primary theme of the weekend is to celebrate recovery.

For this year, you can expect a weekend filled with recovery meetings, inspirational speakers, thought provoking programming, and moments of quiet time to spend chatting with friends, new and old, all on the shores of beautiful Lake George.

And yes, family is encouraged to attend!

Registration is still only \$75.00.
Guest/Family members are just \$50.00.

[REGISTER HERE](#)

LODGING

To book your lodging at Silver Bay call **888.758.7229**. Lodging prices include meals, parking, and use of the resort's facilities, which include a gym and fitness center. Wi-Fi is available across most of the resort.

There is a larger block of rooms reserved at The Inn, with a smaller number reserved at the William Boyd Center. The William Boyd Center is priced slightly higher as it provides more modern accommodations. Both locations are right in the heart of the property.

2022 LAP Spring Retreat Lodging Pricing

Pricing is per night/per person and does not include gratuity, which will be added to the final bill. The Retreat room block rates are valid through April 12, so reserve your room now to get the best rate.

The Inn

Single Occupancy	\$215.00
Double Occupancy	\$150.00
Youth (13-17)	\$ 45.00
Child (6-12)	\$ 40.00

William Boyd Center

Single Occupancy	\$245.00
Double Occupancy	\$165.00
Youth (13-17)	\$ 82.00
Child (6-12)	\$ 58.00

Scholarships are available. Please contact Stacey Whiteley, LAP Director, swhiteley@nysba.org to request a scholarship.

RETREAT PROGRAM

Friday, May 13, 2022

3:00 – 4:00 p.m.

OPEN 12-STEP MEETING Morse Hall

4:00 – 5:30 p.m.

LAWYER ASSISTANCE COMMITTEE MEETING

William Boyd Center 2nd Floor

3:00-4:00/5:30-6:30 p.m.

REGISTRATION Main Lobby

6:30 - 8:00 p.m.

COMMENCEMENT DINNER

William Boyd Center Dining Hall

Welcome remarks: Dave G. and Daniella D.

NYSBA LAC Co-Chairs

Special Guest Speaker: Sherry Levin Wallach,

NYSBA President Elect

Dinner speaker: Mariana A.

OPEN 12-STEP MEETINGS IMMEDIATELY FOLLOWING
DINNER PROGRAM (AA, Al-Anon, NA)

Saturday, May 14, 2022

7:00 - 8:00 a.m.

EARLY BIRD RECOVERY MEETING Field Memorial

8:00 a.m. - 9:00 a.m.

BREAKFAST William Boyd Center Dining Hall

9:00 a.m. - 12:00 p.m.

SATURDAY MORNING PROGRAM

William Boyd Center 2nd Floor

LIFE IN AN UNSETTLED WORLD:

RE-ENTRY, RESILIENCE & RECOVERY

Ronne Rabinowitz, LCSW, ACSW-R, CASAC, CPC, is a Psychotherapist, Certified Professional Coach and Addictions Specialist who will present an interactive program that will cover topics from the start of the pandemic until life right now, exploring the impact the past two years have had on our mental health and well-being as well as on addiction recovery. Discussion will cover loss, unpredictability, and isolation, and how we can collectively and individually emerge better and more resilient than ever.

A HISTORICAL LOOK AT AA AND THE 12 STEPS

Speaker: Elaine T.

12:00 - 1:30 p.m.

LUNCH William Boyd Center Dining Center

1:30 - 2:30 p.m.

FAMILY RECOVERY Morse Hall

A 12-step meeting for people who have family members dealing with addiction or other mental health issues.

Facilitator: Hon. Linda Poust Lopez

2:45 - 3:45 p.m.

YOGA with Avrom R. Dance Studio/Gymnasium

4:00 – 5:00 p.m.

BEGINNERS' 12-STEP MEETING Morse Hall

Facilitator: David G.

4:00 – 5:00 p.m.

MEDITATION with David A.

Dance Studio/Gymnasium

5:30 - 6:00 p.m.

SOCIAL GATHERING Main Inn Porch

6:00 – 8:30 p.m.

DINNER William Boyd Center Dining Hall

DESERT AND AWARDS PROGRAM

William Boyd Center 2nd Floor

Franklin P. Gavin Memorial Award Presentation

Award Recipient: Chuck Beinhauer

Award Presenter: Dave P.

Dinner Speaker: Hon. Nelson Rupp (ret.)

12-STEP MEETINGS IMMEDIATELY FOLLOWING
DINNER (AA, Al-Anon, NA)

9:00 p.m.

CAMPFIRE Bay Beach Fire Pit

Sunday, May 15, 2022

7:00 – 8:00 a.m.

EARLY BIRD RECOVERY MEETING Field Memorial

8:00 - 9:00 a.m.

BREAKFAST William Boyd Center Dining Hall

9:00 - 10:00 a.m.

SUNDAY MORNING MEETING Morse Hall

Speakers: Elizabeth and Mike U.

10:00 a.m.

Conclusion of the Retreat

The Spring Retreat is sponsored by the Lawyer Assistance Program and the Lawyer Assistance Committee. A special thank you to the Lawyer Assistance Committee's Spring Retreat Sub-Committee for their work developing this year's meaningful weekend program.