Strategies for Dealing with a Spend Down in MLTC – Married Applicants



Spousal Refusal & Spousal Impoverishment

Starting July 2016, can now request Spousal Impoverishment budgeting upon applying for Medicaid if using Immediate Need procedures.



Case Scenario: Morgan & Chris



- Morgan and Chris are married
- Morgan receives Social Security Disability (SSD) & Chris gets SS Retirement. Both receive Medicare.
- Morgan needs community-based long term care
- Morgan's Medicaid budget Since he receives SSD and Medicare and has no children, "Disabled, Aged, Blind" (DAB or "SSI-related") budgeting is used at application

Morgan – Needs MLTC	Chris – Spouse
\$2,000	\$1,500
\$121	\$121
	Needs MLTC \$2,000

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Morgan's Regular Non-MAGI "DAB" Medicaid Budget



 Morgan's "SSI-related" community Medicaid budget includes Chris' income as spouse because both are either disabled or age 65+

• Morgan's spend down is \$2,029/month if he does not use

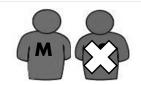
spousal refusal	Morgan MLTC	Chris		
Income	\$2,000			\$1,500
Chris' income	\$1,500	\leftarrow		
Medicare Part B premium	- \$242			\$121
Income disregard	- \$ 20			
Net Countable Income	\$3,238			
Medicaid standard (couple)	- \$1,209			
Excess Income/Spenddown	\$2,029	}		

Strategy 1: Spousal Refusal

- Medicaid eligibility must be determined just based on the applying spouse's income and resources if the non-applying spouse refuses to make his/her own resources and income available or does not live with the applicant. Soc. Serv. L. § 366.3(a)
- 2016-17 NYS Budget survived the 27th attempt to repeal that statute. Would have required deeming of spouse's income and resources if spouse lives with applicant.
- Must weigh risk of lawsuit for support by local DSS.
- Consider options may not need spousal refusal if Spousal Impoverishment methodology helps. See next slides.



Morgan's Medicaid Budget with Spousal Refusal



- Morgan's "SSI-related" Medicaid budget does not include Chris' income
- Morgan's spend down with spousal refusal is \$1,034/month better than \$2,029.

	Morgan MLTC	Chris
Income	\$2,000	\$1,500
Medicare Part B premium	- \$121	\$121
Income disregard	- \$ 20	
Net Countable Income	\$1,859	
Medicaid standard (single)	- \$825	
Excess Income/ Spenddown	\$1,034	NM M

Deposit in Pooled Trust

Strategy 2 - Spousal Impoverishment

- Option where one spouse is in MLTC or nursing home, or seeking Immediate Need Medicaid, and other spouse is "Community Spouse" NOT on or seeking Medicaid.
 - Federal requirement for MLTC since 2014 (ACA)(but only until 2019). Before, was only in Nursing home and certain waivers.
- NYS procedures are in <u>NYS DOH GIS 14 MA/015</u>, <u>NYS DOH GIS 13</u> MA/018 and <u>GIS 12 MA/1</u>3. All on https://www.health.ny.gov/health_care/medicaid/publications/
- Summary on http://www.wnylc.com/health/entry/165/
- Can now request this with Immediate Need Medicaid application.

ASSETS - Instead of usual \$21,750 allowed for a couple --

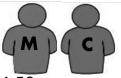
- Spouse may keep greater of \$74,820 of assets or half of assets up to \$119,820
- MLTC recipient may have \$14,850 assets has 30 days after application approved to rearrange assets per these limits.

Spousal Impoverishment Income Budgeting – Basic Rules

- Normally couple can keep **only \$1229/month** COMBINED income The rest is the spend-down.
- With Spousal impoverishment budgeting, couple can keep up to: \$2,980.50/mo. Minimum Monthly Maintenance Needs
 Allowance (MMMNA) for "Community Spouse."
 - +\$ 384.00/mo. Personal Needs Allowance for MLTC Spouse
 - * \$3,364.50/mo. Total combined income PLUS
 - +\$ 668.00/mo. Family Member Allowance- for each financially dependent child (including adult child), parent, or sibling of either spouse living with them (maximum 3 people)*

*18 NYCRR §360-4.9 - 4.10, DOH MEDICAID REFERENCE GUIDE: INCOME at 278-282, GLOSSARY (June 2010). DOH GIS 16 MA/007 - 2016 Federal Poverty Levels

Morgan can supplement Chris' income with CSMIA – Community Spouse Monthly Income Allowance – up to \$2,980.50



- Chris gets less than the max CSMIA (\$1601.50 enough to bring his income to \$2,980.50), because Morgan's income is not high enough after his PNA.
- Morgan will have no spenddown, but could if their income were higher. Couple can keep all income.

	Morgan MLTC	Chris
Net Income	\$1,879	\$1,379
PNA (amount Morgan keeps)	-\$384	
CSMIA ("transferred" to Chris)	-\$1,495	\$1,495
Excess Income/Spenddown	\$0	< \$2,980
		MMMNA

NEW: Spousal Impoverishment available on application for IMMEDIATE NEED Medicaid

- Before DOH issued 16 ADM-02, a married person applying for Medicaid in order to enroll in MLTC had to initially apply using regular Medicaid rules – combining both spouse's income using couple level of \$1209/mo. or using Spousal Refusal. Soc. Serv. L. § 366.3(a).
- This is because NYS sees Spousal Impoverishment as a "posteligibility" budgeting methodology. GIS 14 MA/025 - Spousal Impoverishment Budgeting with Post-Eligibility Rules Under the Affordable Care Act.
- Under 16 ADM-02, married person may request Spousal Impoverishment budgeting with Medicaid application based on IMMEDIATE NEED for personal care or CDPAP.

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Initial Budget where *NOT* seeking Immediate Need Medicaid – Spousal Impoverishment Not allowed.

- The applicant may have a high spend-down using regular community Medicaid rules. Even if the "community spouse" Chris did a spousal refusal, so Chris' \$1,500/ month income isn't counted, Morgan's (Applicant's) income of \$2,000 would create a high spenddown. (Earlier slide)
- But this is just for one month, because right after she enrolls in an MLTC plan, she can request Spousal Impoverishment budgeting and will have NO spenddown.
- A pooled trust wouldn't be worth the trouble just for a month.
- If seeks IMMEDIATE NEED Medicaid, can request Spousal Impoverishment upon APPLICATION.

Converting to Spousal Impoverishment Budgeting – if didn't use "Immediate Need"

- Enrolling in MLTC doesn't automatically change the budgeting to spousal impoverishment!
- As soon as applicant is enrolled in an MLTC → submit DOH Request for Spousal Impoverishment Assessment Form to LDSS / HRA
 - HRA and some other counties prefer
 MLTC <u>Plan</u>, not Member, submit this request
- Form available at page 9 of NYS Medicaid Update, March 2014 — see next slide.
- Warning –local DSS and plans still unfamiliar!

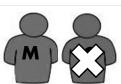


What if Spousal Impoverishment Doesn't Help? Applicant applies as SINGLE person.

- What if the Community Spouse (Chris) has income higher than \$3,000/month (instead of \$1,500).
- Chris wouldn't be entitled to a CSMIA (impoverishment allowance) because his income is already at the allowance \$2,980. So spousal impoverishment budgeting isn't helpful.
- ANSWER: Morgan will have a high spend-down and may instead use
 a pooled trust. <u>GIS 14 MA/025</u> gives you a choice of using spousal
 impoverishment or, if not favorable, to be budgeted as a single
 person without spouse's income being counted.
 - He is budgeted as single. <u>GIS 12 MA/013</u>. "SSI-related" community budgeting is used. Net income over \$825/mo. = Spend-down = Trust deposit. See next slide No spousal refusal needed.
 - May Request on Immediate Need application.



Morgan's Medicaid Budget if Opts Not to Use Spousal Impoverishment.



- Morgan is **budgeted as a single** person.
- Morgan's spend down based on being single just like spousal refusal - \$1,034/month.

	Morgan	Chris
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Excess Income/ Spenddown	\$1,034	NM M

Deposit in Pooled Trust ——